

Naval Station Everett Fleet & Family Readiness Program

MAY 2012

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>See reverse for event times, locations and details</p> <p>Visit us online at www.navylifepnw.com</p> <p>Find us on Facebook: www.facebook.com/EverettFFR</p>		<p>1</p> <p>Tremors Month-long Pool Contest (one winner per week)</p> <p>Jim Creek Recreation Area Opening Day</p> <p>EFM Support Group</p> <p>Dinner at Azteca (Liberty)</p>	<p>2</p> <p>4-H Fun: Beginning Gardening!</p> <p>Cinco de Mayo (Liberty, Vibes)</p>	<p>3</p> <p>Resume Writing</p> <p>Moving Overseas</p> <p>IA Pre-Deployment Brief</p> <p>Home Buying</p> <p>Pitbull Concert at Joint Base Lewis-McChord (Liberty)</p>	<p>4</p> <p>Free Family Swim</p> <p>Movie Release: The Avengers IMAX 3D (Liberty)</p>	<p>5</p> <p>Angler's Breakfast (Jim Creek)</p> <p>Cinco de Mayo Celebration (Tremors)</p> <p>Cinco de Mayo at the Beach (Pacific Beach)</p> <p>Babysitting Basics</p> <p>Chocolate Indulgence 2-hour Walking Tour (Liberty)</p>
<p>6</p> <p>Oyster Dome Day Hike</p>	<p>7</p> <p>Separation TAP</p> <p>Tremors Monday Special</p> <p>Paying for College</p> <p>Family Swing Dance Lessons</p> <p>Dancing with Sailors: Swing Dance (Liberty)</p>	<p>8</p> <p>Separation TAP</p> <p>Resume Writing Workshop (Liberty)</p>	<p>9</p> <p>Separation TAP</p> <p>4-H Fun: Beginning Gardening!</p> <p>Mother's Day Card Making (Liberty)</p>	<p>10</p> <p>Separation TAP</p> <p>Health, Fitness, Recreation & Safety Fair</p> <p>Home Buying</p> <p>Webinar: Remote Military Family Resources</p> <p>Command IA Coordinator Roundtable</p>	<p>11</p> <p>Intro to Kayaking</p>	<p>12</p> <p>Intro to Kayaking</p> <p>Babysitting Basics</p> <p>Everett Waterfront Volunteer Cleanup</p>
<p>13</p> <p>Mother's Day Dinner at All American</p> <p>Mother's Day Breakfast at the Beach! (Pacific Beach)</p>	<p>14</p> <p>Tremors Monday Special</p> <p>Family Swing Dance Lessons</p> <p>Dancing with Sailors: Swing Dance (Liberty)</p>	<p>15</p> <p>Ombudsman Assembly/Advanced Training: Caring for the Caregiver</p> <p>COD (Children of Deployers) Group</p> <p>Art Night (Liberty)</p>	<p>16</p> <p>4-H Fun: Beginning Gardening!</p> <p>Webinar: Telephone Interviewing</p> <p>Stress Management</p> <p>Game Release: Sonic the Hedgehog 4 Episode 2 (Liberty)</p>	<p>17</p> <p>Dutch Oven-Style Cherry Cobbler Class (Liberty)</p>	<p>18</p> <p>Free Family Swim</p> <p>Youth Sponsorship Event: Kinect Night</p> <p>Movie Release: Battleship (Liberty)</p>	<p>19</p> <p>Armed Forces Day at the Beach! (Pacific Beach)</p>
<p>20</p> <p>Seattle Urban Geocaching & Cheese Festival</p>	<p>21</p> <p>Tremors Monday Special</p> <p>Family Swing Dance Lessons</p> <p>Dancing with Sailors: Swing Dance (Liberty)</p> <p>Swim Lesson Session Begins</p>	<p>22</p> <p>Game Release: Tom Clancy's Ghost Recon: Future Soldier (Liberty)</p>	<p>23</p> <p>4-H Fun: Beginning Gardening!</p> <p>National Taffy Day (Liberty)</p>	<p>24</p> <p>Military Family Appreciation Dinner (All American)</p> <p>Planning for Your Retirement</p> <p>Career Exploration</p> <p>FRG: Module 4 - Event Planning: Homecoming and Other Social Gatherings</p>	<p>25</p> <p>Memorial Day Weekend Activities (Jim Creek)</p> <p>Movie Release: Men in Black 3 (Liberty)</p>	<p>26</p> <p>Memorial Day Weekend Activities (Jim Creek)</p> <p>Salmon Bake at the Beach! (Pacific Beach)</p> <p>Northwest Folk Life Festival (Liberty)</p>
<p>27</p> <p>Memorial Day Weekend Activities (Jim Creek)</p> <p>Stillaguamish River Kayaking</p>	<p>28</p> <p>Memorial Day Weekend Activities (Jim Creek)</p> <p>Tremors Monday Special</p> <p>2nd Annual Liberty Memorial Day BBQ</p>	<p>29</p> <p>Smooth Move</p>	<p>30</p> <p>4-H Fun: Beginning Gardening!</p> <p>Free Summer Starter Ice Cream Social</p> <p>Chess Tournament (Liberty)</p>	<p>31</p>	<p>Special Events:</p> <ul style="list-style-type: none"> ■ Angler's Breakfast, Jim Creek, May 5 ■ Cinco de Mayo Celebration, Tremors, May 5 ■ Health, Fitness, Recreation & Safety Fair, The Commons, May 10 ■ Mother's Day Dinner, All American, May 13 ■ Free Summer Starter Ice Cream Social, Constitution Park Activity Center, May 30 	

RECREATION/FITNESS

1 – Jim Creek Recreation Area Opening Day
Come fish, come play, come stay! 1-877-NAVYBED

4 – Free Family Swim
5-7 pm, Tsunami Pool. No registration needed.

5 – Angler's Breakfast
6-9 am, Jim Creek Recreation Area, \$6/Adult, \$4/Child. Get a jump-start on the fishing season! Before you hit the lakes, start the day with a hot breakfast at the Jim Creek Lodge, featuring biscuits and gravy, French toast and cereal, plus hot and cold drinks. myFFR #5512126E.

6 – Oyster Dome Day Hike
10 am-6 pm, FREE/Liberty, \$15/Others. 6.5-mile round-trip hike. myFFR #5512127E. 425-304-3575

10 – Health, Fitness, Recreation & Safety Fair
11 am-1 pm, The Commons. Demos and more!

11-12 – Intro to Kayaking
4-7:30 pm at NSE Pool; 2-5 pm, Saturday at a local body of water. \$60/Liberty \$65/Others. Sign up with myFFR #5512132E. 425-304-3575

12 – Everett Waterfront Volunteer Cleanup
9 am-1 pm, FREE! Kayak, paddle, PFD included. Join Outdoor Recreation in the annual Everett Waterfront Cleanup. myFFR #5512133E. 425-304-3575

18 – Free Family Swim
5-7 pm, Tsunami Pool. No registration needed.

20 – Seattle Urban Geocaching & Cheese Festival
Noon-6 pm, Free/Liberty, \$15/Others. Get to know Seattle while hunting for geocaches in Downtown. The last geocache is the Seattle Cheese Festival. myFFR #5512141E. 425-304-3575

21 – Swim Lesson Session Begins
\$28/Active Duty and reservists, \$30/DoD civilians and retirees. 425-304-3388

25-28 – Memorial Day Weekend Activities
Jim Creek, Hay wagon rides, Alpine Tower, Bounce Houses, Pony Rides, Outdoor Movies, Face Painting. 1-877-NAVYBED

27 – Stillaguamish River Kayaking
Noon-5 pm, \$10/person. Trip departs from Jim Creek Recreation Area. Kayak eight miles down the Stillaguamish River. myFFR #5512148E.

DINING & ENTERTAINMENT

Tremors Neighborhood Sports Bar Monday Special
Drumettes and beverage, \$5.

Tremors Neighborhood Sports Bar Month-Long Pool Contest
One winner per week!

5 – Cinco de Mayo Celebration
6 pm, Tremors Neighborhood Sports Bar, 6-8 pm enjoy the Taco/Nacho Bar \$6. Drink specials all night.

5 – Cinco de Mayo at the Beach!
Celebrate at the Windjammer Lounge at Pacific Beach Resort & Conference Center! 888-463-6697

13 – Mother's Day Dinner at All American
430-8 pm, \$7.50/pp. Tami's Tender Chicken Cordon Bleu with Hollandaise Sauce, Rosemary Roasted Potatoes with a Vegetable Medley, Hot Fudge Sundae with Brownie Crumbles for dessert. Call for reservations at 425-304-3175.

13 – Mother's Day Breakfast at the Beach!
Celebrate visit the Windjammer Lounge at Pacific Beach Resort & Conference Center! 888-463-6697

19 – Armed Forces Day at the Beach!
Celebrate visit the Windjammer Lounge at Pacific Beach Resort & Conference Center! 888-463-6697

24 – Military Family Appreciation Dinner
4:30-8 pm, All American. Two-topping large pizza, garden salad, breadsticks and strawberry sundae. \$25/family of four. For reservations call 425-304-3175.

26 – Salmon Bake at the Beach!
Enjoy a Salmon BBQ with us! 888-463-6697

FLEET & FAMILY SUPPORT

425-304-3367

1 – EFM Support Group
2-3 pm, Constitution Park

3 – Resume Writing
10 am-noon, Smokey Point Room 808

3 – Moving Overseas
10-11:30 am, Smokey Point Room 811

3 – IA Pre-Deployment Brief
10-11 am, NSE Admin. Bldg. 2000, Room 107

3 – Home Buying
2-4 pm, NSE Admin. Bldg. 2000, Room 109

7 – Paying for College
Noon-1 pm, Smokey Point Room 809

7-10 – Separation TAP
8 am-4 pm, Smokey Point Room 809

10 – Home Buying
2-4 pm, NSE Admin. Bldg. 2000, Room 109

10 – Webinar: Remote Military Family Resources
10-11 am. To register, visit FFSP Webinar page on www.navylifepnw.com. 888-854-0638

10 – Command IA Coordinator Roundtable
1-2 pm, NSE Admin. Bldg. 2000, Room 109

15 – Ombudsman Assembly/Advanced Training: Caring for the Caregiver
5-6:30 pm, NSE Admin. Bldg. 2000, Room 107

15 – COD (Children of Deployers) Group
6:30-8:30 pm, CDC, grades 1-6. Register by May 4 at 425-304-3778.

16 – Webinar: Telephone Interviewing
10:30-11:30 am. To register, visit FFSP Webinar page on www.navylifepnw.com. 888-854-0638

16 – Stress Management
8:30-10 am, NSE Clinic Training Room

24 – Planning for Your Retirement
2-4 pm, NSE Admin. Bldg. 2000, Room 109

24 – Career Exploration
10 am-noon, Smokey Point Room 808

24 – FRG: Module 4 - Event Planning: Homecoming and Other Social Gatherings
3:30-5 pm & 5-6:30 pm, NSE Admin. Bldg. 2000, Room 109

29 – Smooth Move
10-11:30 am, NSE Admin. Bldg. 2000, Room 109

CHILD & YOUTH

425-304-3694

4-H Fun Program - May: Beginning Gardening!
Wednesdays, 4:45-5:45 pm, Smokey Point, Bldg. 13912, 1st-5th grade. Must register at 425-304-3694.

5, 12 – Babysitting Basics
9:30 am-1:30 pm, \$20. Camp Fire USA will teach kids, ages 10-16, the how-to's of babysitting. Topics include proper ways to hold a child, what to do in an emergency, infant and toddler care, play ideas, beginning behavior management, age characteristics, emergency procedures, finding sitting jobs and working with parents. Participants should bring a lunch. Registration required.

7, 14, 21, June 4 – Family Swing Dance Lessons
Lesson: 6:30-7:15 pm, practice and dance: 7:15-8 pm, Grand Vista Ballroom. Join us for a great time with friends and family in this FREE, 4-week Swing Dancing series sponsored by Camp Fire USA. Dancing from the 30's, 40's and 50's. Kids 6 years old and up and their parents are encouraged to come together and make fond memories while being active in this high-energy class. Registration required.

18 – Youth Sponsorship Event: Kinnect Night
6-8:30 pm, SP Youth Bldg. 13912, Active Duty family members in grades 6-12. Come play Dance Central, eat pizza and get connected! FREE.

30 – Free Summer Starter Ice Cream Social
5:30-7 pm, Constitution Park Activity Center. Come down to enjoy an ice cream treat and learn about all the great activities happening this summer through Naval Station Everett's Child & Youth Programs.

LIBERTY

425-304-3579

Liberty programs are open to active duty single service members and geographical bachelors only.

1 – Dinner at Azteca
6-9 pm, transportation provided, meal on your own.

2 – Cinco de Mayo
6-8 pm, Vibes. Celebrate Cinco de Mayo. Chips and salsa, faux margaritas, music, prizes and a Piñata.

3 – Pitbull Concert at Joint Base Lewis McChord
4:45 pm-midnight. Must sign up at Vibes by May 2.

4 – Movie Release: The Avengers IMAX 3D
5:30-11 pm, \$18 includes transportation, IMAX 3D ticket and light meal. Sign up by May 3.

5 – Chocolate Indulgence 2-hour Walking Tour
2:30-9 pm, \$49. Includes tour, transportation and bottled water. Sign up by May 1.

6 – Oyster Dome Day Hike
See RECREATION/FITNESS.

7, 14, 21, June 4 – Dancing with Sailors: Swing Dance
6:30-7:30 pm, Grand Vista Ballroom. Come and join us for a great time with friends in this FREE, 4-week Swing Dancing series sponsored by Camp Fire USA.

8 – Resume Writing Workshop
5:30-7 pm, Vibes. Learn how to write a great resume.

9 – Mother's Day Card Making
6-8 pm, Vibes. Send mom a custom-made card.

12 – Everett Waterfront Volunteer Cleanup
See RECREATION/FITNESS.

15 – Art Night
6-8 pm, Vibes. Let your inner artist express itself.

16 – Game Release: Sonic the Hedgehog 4 Episode 2
6-8 pm, Vibes. Sonic and tails are back!

17 – Dutch Oven-Style Cherry Cobbler Class
6-8 pm, Vibes. After class enjoy warm cherry cobbler.

18 – Movie Release: Battleship
6-11 pm, \$12 includes transportation, movie ticket and light meal. Sign up by May 17.

20 – Seattle Urban Geocaching & Cheese Festival
See RECREATION/FITNESS.

22 – Game Release: Tom Clancy's Ghost Recon: Future Soldier
6-8 pm, Vibes.

23 – National Taffy Day
6-8 pm, Vibes.

25 – Movie Release: Men in Black 3
6-11 pm, \$12 includes transportation, movie ticket, and a light meal. Sign up by May 24 at Vibes.

26 – Northwest Folk Life Festival
10 am-4 pm, transportation provided. Sign up by May 25.

28 – 2nd Annual Liberty Memorial Day BBQ
2-6 pm, burgers, hot dogs, potatoes and macaroni salad, chips and sodas. Games and prize drawings.

30 – Chess Tournament
6-8 pm, snacks and prizes provided.

Visit us online at
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www.facebook.com/EverettFFR