

Naval Base Kitsap Fleet & Family Readiness Program

December 2009

See reverse for event times, locations and details.

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--|---|---|--|--|--|--|
| Special Events: <ul style="list-style-type: none"> ■ Bowling with Santa, Bangor Olympic Lanes, Dec. 6, 12, 13, 19 ■ 10th Annual Army vs. Navy Flag Football Game, Silverdale Stadium, December 11 ■ New Year's Eve Fireball, Bangor Olympic Lanes, December 31 | | 1 AMC Movie Night Stress Management | 2 FRG: Essential Communication Skills | 3 | 4 Budget Now to Save for Later Foosball Tourney | 5 Bald Eagle Float Trip Festival Tree Lighting |
| 6 First Sunday Brunch Bowling with Santa | 7 | 8 Effective Communication Free Liberty Bowling | 9 Zoo Lights Warrior's Workshop FRG: Building a Better Team Together Damage Control for Relationships: Speak Easy | 10 Army/Navy Pep Rally | 11 Army/Navy Pregame BBQ 10th Annual Army vs. Navy Flag Football Game How to Become a Millionaire on Military Pay | 12 Bald Eagle Float Trip Bowling with Santa Santa at the Center Festival Tree Lighting CYP Community Winter Holiday Craft Festival |
| 13 Sleigh Ride and Festival Tree Lighting Bowling with Santa Twelve Days of Christmas Bowling Special (December 13-25) | 14 Video Game Tourney | 15 AMC Movie Night Anger Management | 16 Damage Control for Relationships: Fighting Fair | 17 Dancing with Santa IA Family Event: Holiday Party Moving with EFM's | 18 Parent's Night Out with School-Age Programs Teen Late Night | 19 Bowling with Santa Festival Tree Lighting Reindeer Festival |
| 20 | 21 Winter Wonderland SAC Camp Winter Solstice Snowshoe & Sightseeing | 22 Winter Wonderland SAC Camp Free Liberty Bowling Conflict Management Guitar Hero Tourney | 23 Winter Wonderland SAC Camp | 24 Winter Wonderland SAC Camp Christmas Movie Marathon | 25 Holiday Bowling Special | 26 |
| 27 | 28 Winter Wonderland SAC Camp Snowshoe Hike at Hurricane Ridge | 29 Winter Wonderland SAC Camp AMC Movie Night | 30 Winter Wonderland SAC Camp | 31 Winter Wonderland SAC Camp New Year's Eve Fireball New Year's Eve Parties (Inside Out Lounge and Sam Adams Brewhouse) | <div style="text-align: right;">  <p>Kitsap Credit Union</p> <p><small>Neither the Navy nor any part of the Federal Government officially endorses any company, sponsor, advertiser, or their products or services.</small></p> </div> <div style="text-align: right;">  <p>Visit us online at: www.navalbasepacific.com</p> <p>Follow us at: www.facebook.com/kitsapffr</p> </div> | |

December 2009

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RECREATION/FITNESS

5, 12 – Bald Eagle Float Trip

\$77, Connect #s 91973, 91975. Register by Wednesday prior to trip date. 360-535-5919

6, 12, 13, 19 – Bowling with Santa

Bangor Olympic Lanes, \$1 per game per person. Bring your camera for photos opportunities! 360-535-5917

5, 12, 19 – Festival Tree Lighting

Trips & Tours trip to Leavenworth, \$59. Connect #s 91508, 91509, 91510. Register by Wednesday prior to trip date. 360-315-2137

9 – Zoo Lights

Trips & Tours trip to Point Defiance Zoo & Aquarium, \$20. Connect #91970. Register by December 7. 360-315-2137

10 – Army/Navy Pep Rally

Sam Adams, 4-6 pm. 360-476-6719

11 – Army/Navy Pregame BBQ

Sam Adams, noon-2 pm. 360-476-6719

11 – 10th Annual Army vs. Navy Flag Football Game

FREE! Silverdale Stadium, kickoff at 6 pm. Come help cheer the Navy team on to victory! 360-315-2141

12 – Santa at the Center

Bremerton Recreation Center, noon-2 pm, FREE! Don't forget your camera. 360-476-3178

13 – Sleigh Ride and Festival Tree Lighting

Enjoy a sleigh ride and brunch at Mountain Springs Lodge. Will also stop at Leavenworth for their annual Festival Tree Lighting, \$69, Connect #91967. Register by November 30. 360-315-2137

13-25 – Twelve Days of Christmas Bowling Special

With each paid game during open bowling at Bangor Olympic Lanes, enter to win our "Ultimate Bowling Package". 360-535-5917

19 – Reindeer Festival

Trips & Tours, Cougar Mountain Zoo, \$31/adults, \$28/ages 12 and under. Connect #91971. Register by December 16. 360-315-2137

21 – Winter Solstice Snowshoe & Sightseeing

Lake Wenatchee/Leavenworth, \$50/person. Connect #92224. Register by December 18. 360-315-2137

25 – Holiday Bowling Special

Bangor Olympic Lanes, noon-6 pm, \$10 per hour/lane. 360-535-5917/360-535-5919

28 – Snowshoe Hike at Hurricane Ridge

\$52/person, Connect #91978. Register by December 23. 360-315-2137/360-535-5919

31 – New Year's Eve Fireball

Bangor Olympic Lanes, 8:30 pm-12:30 am, \$15 per person, unlimited bowling, prizes, games, party favors and snacks. One lucky person will win a Nintendo Wii (must be present to win). 360-535-5917

Give Your Wallet a Break

During the month of December, Bangor Olympic Lanes offers 3 games and shoes for only \$7 per person. 360-535-5919

Bangor Olympic Lanes Winter Break Hours

Olympic Lanes open at 1 pm, Monday-Thursday, December 21-31. 360-535-5917

Bowling Package Special

Bangor Olympic Lanes, package includes: Columbia White Dot or Maxim ball, KR Sonic single bag, Men's Ricky or Women's Raquel shoes. All orders must be pre-paid by December 15. Cost: \$130. 360-535-5917

Rudolph's Red-Nose Bowling

Bremerton Recreation Center. When a red pin appears while bowling, you can bowl for a free game! Offer good through the month of December, maximum five free games per person, per day. 360-476-3178

FOOD & BEVERAGE

6 – First Sunday Brunch

Bangor Plaza, 9 am-1 pm. Adults/\$14.75, kids/5-9 \$7.50, free for kids 4 and under, seniors 10% discount. 360-535-5928

17 – Dancing with Santa

Inside Out Lounge, 9 pm-1 am. 360-535-5928

31 – New Year's Eve Party

Inside Out Lounge, 9 pm-1 am. 360-535-5928

31 – New Year's Eve Party

Sam Adams Brewhouse, 8:30 pm-close. 360-476-6719

FLEET & FAMILY SUPPORT

All classes are FREE and will be held at the Bangor FFSC Bldg. 2901, unless otherwise noted. For class information and to register, call 1-800-562-3301 or online at www.navylifepnw.com

1 – Stress Management

1-4 pm, Keyport B-97

2 – FRG: Essential Communication Skills

10 am-noon

4 – Budget Now to Save for Later

10 am-noon

8 – Effective Communication

9 am-noon

9 – Warrior's Workshop

1-2 pm, Post-deployment Discussion Group, Bangor; 2-3 pm, Pre-deployment for Active Duty and Reserves, as well as the Family Workshop, Jackson Park. Call 1-866-854-0638 to register.

9 – FRG: Building a Better Team Together

1-3 pm

9 – Damage Control for Relationships: Speak Easy

1-4 pm, Keyport B-97

11 – How to Become a Millionaire on Military Pay

10 am-noon

15 – Anger Management

1-4 pm

16 – Damage Control for Relationships: Fighting Fair

1-4 pm, Keyport B-97

17 – IA Family Event: Holiday Party

Call 360-396-4115 for details

17 – Moving with EFM's

1-2 pm

22 – Conflict Management

9 am-noon

CHILD & YOUTH

Admiral Boorda Center (ABC) 360-535-5915

Jackson Park (JP) Youth & Teen Center

360-627-2041

Lighthouse School-Age Care (SAC) Center

360-535-5953

Child & Youth Program Administrator 360-396-7007

12 – CYP Community Winter Holiday Craft Festival

Noon-3 pm, JP Youth & Teen Center, \$10 per family.

18 – Parent's Night Out with School-Age Care Programs

7-10 pm, Lighthouse and JP SAC Programs, \$10 per child (due at time of registration). Register by December 11, 6 pm.

18 – Teen Late Night

7-10 pm, ABC & JP Teen Centers, \$5 due at time of registration and will not be refunded and/or credited for future care if patron is a "no show". Register by December 11, 6 pm.

21-January 1 – Winter Wonderland SAC Camp

6 am-6 pm, Lighthouse & JP SAC Programs. Register by December 16, 6 pm.

LIBERTY

@EEZ, NBK Bangor - 360-535-5977

Sinclair's, NBK Bremerton - 360-476-2673

1, 15, 29 – AMC Movie Night

7 pm

4 – Foosball Tourney

6 pm - prizes!

8, 22 – Free Liberty Bowling

Call your nearest Liberty center for times.

14 – Video Game Tourney

6 pm – prizes!

22 – Guitar Hero Tourney

6 pm – prizes!

24 – Christmas Movie Marathon

All day long!

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2010

January Naval Base Kitsap Fleet & Family Readiness Program

See reverse for event times, locations and details.

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|---|--|--|--|---|---|---|
| <p>Special Events:</p> <ul style="list-style-type: none"> ■ New Year's Day Bowling Special, Bangor Olympic Lanes, January 1 ■ Portland, Oregon Weekend Trip with Legally Blonde the Musical, February 19-21, register by January 4 ■ Martin Luther King (MLK) Invitational Basketball Tournament, January 16-17, register by January 11 <p>Visit us online at: www.navylifepnw.com Find us on Facebook: www.facebook.com/kitsapffr</p> | | | | | 1 | 2 |
| 3 | 4 <i>Registration Dead- line - Portland, OR Weekend Trip with Legally Blonde the Musical (trip: February 19-21)</i> | 5 <i>Liberty AMC Movie Nights</i> | 6 <i>Damage Control Relationship: Speak Easy</i> | 7 | 8 <i>Biggest Loser Competition Begins</i> <i>Parent's Night Out with School-Age Care Programs</i> <i>Teen Late Night</i> | 9 <i>Snowshoe Hike</i> <i>Night Inner Tubing</i> |
| 10 | 11 | 12 <i>Anger Management</i> | 13 <i>FRG: Starting or Recharging Your FRG</i> <i>Damage Control Relationships: Fighting Fair</i> <i>Warrior's Workshop</i> <i>Liberty Bowling</i> | 14 <i>Winter Bash (Inside Out Lounge)</i> <i>Preparing for Deployment</i> | 15 <i>Identity Theft</i> | 16 <i>MLK Invitational Basketball Tournament</i> <i>Registration Dead- line - Women's Basketball League</i> <i>Bavarian Ice Festival</i> |
| 17 <i>MLK Invitational Basketball Tournament</i> | 18 <i>MLK Holiday Bowling Special</i> | 19 <i>SAPR (SAVI) Command Liaison Training</i> <i>Liberty AMC Movie Nights</i> | 20 <i>Ombudsman Basic Training</i> <i>Guitar Lessons</i> <i>Damage Control Relationships: Match Mate - Intimacy 101</i> | 21 <i>Ombudsman Basic Training</i> <i>Smooth Move</i> | 22 <i>Ombudsman Basic Trng.</i> <i>Registration Deadline - Portland, OR Weekend Trip (trip: Feb. 19-21)</i> <i>Parent's Night Out with School-Age Care Prgs.</i> <i>Teen Late Night</i> <i>Become An Entrepreneur: Business Structure and Begin Plan</i> | 23 <i>Ombudsman Basic Training</i> <i>Bald Eagle Float Trip</i> |
| 24 | 25 <i>Marvel Monday Movie Marathon</i> | 26 <i>Stress Management</i> | 27 <i>Guitar Lessons</i> <i>Damage Control Relationships: Money Personalities</i> <i>Liberty Bowling</i> | 28 <i>Celebrating Your Sailor's Return</i> <i>IA Family Event: "New Year - New You"</i> | 29 <i>Basic Budgeting</i> <i>WA State Employment</i> <i>Become an Entrepreneur: Business Plan</i> <i>Halo ODST Tourney</i> | 30 <i>Twilight Tour</i> <i>Cross-country Ski</i> <i>Talent Show</i> |
| 31 | | | | | | |

January 2010 **Naval Base Kitsap Fleet & Family Readiness Program**

RECREATION/FITNESS

1 – New Year's Day Bowling Special

Bangor Olympic Lanes, noon-6 pm, \$10 per hour/lane. Enter to win a "Bowling Pass" and bowl FREE for the entire month of January! 360-535-5917

1 – Registration Deadline - Over 30 Basketball League

League starts January 11, free to active duty, \$20 fee applies to all other participants. 360-315-2142

1 – Registration Deadline - Intramural Basketball

League starts January 11, free to active duty, \$20 fee applies to all other participants. 360-315-2141

4 – Registration Deadline - Portland, OR Weekend Trip with Legally Blonde the Musical

February 19-21. Call for pricing: 360-315-2137/535-5918/476-3178

8 – Biggest Loser Competition

First day of class begins. Participants must have already completed the registration process. \$25 registration fee applies. 360-315-2134/476-2331

9 – Snowshoe Hike

Mt. Rainier, \$48. Register by January 7. 360-315-2137/535-5919

9 – Night Inner Tubing

Snoqualmie Pass, \$42/adults, \$40/ages 6-12, \$29/ages 3-5. Register by January 7. 360-315-2137/535-5918/476-3178

16 – Registration Deadline - Women's Basketball League

League starts January 23. Free to active duty, \$20 fee applies to all other participants. 360-315-2141

16 – Bavarian Ice Festival

Leavenworth, \$33. Register by January 13. 360-315-2137/535-5918/476-3178

16, 17 – MLK Invitational Basketball Tournament

Register by January 11, \$175/team. Open to all authorized patrons with active duty taking priority. 360-315-2141

18 – MLK Holiday Bowling Special

Bangor Olympic Lanes, noon-6 pm, \$10 per hour/lane. 360-535-5917

20, 27 – Guitar Lessons

Bremerton Recreation Center, \$69 for four lessons. 360-476-3178

22 – Registration Deadline - Portland, OR Weekend Getaway Trip

February 19-21. Call for pricing: 360-315-2137/535-5918/476-3178

23 – Bald Eagle Float Trip

Skagit River, \$77 (Connect #91976). Register by January 20. 360-535-5919/315-2137

30 – Twilight Tour

In Forks, WA, \$30 (Connect #92401). Register by January 28. 360-315-2137/535-5918/476-3178

30 – Cross-country Ski

Hyak-John Wayne Trail, \$65, \$46/with own equipment. Register by January 28. 360-315-2137/535-5919

30 – Talent Show

Bremerton Recreation Center, 7 pm. 360-476-3178

FOOD & BEVERAGE

1 – New Year's Day Football Games

Samuel Adams, open at 8 am. 360-476-6719

14 – Winter Bash

Inside Out Lounge, 9 pm-1 am, DJ music, free bar snacks, games and prizes, no cover charge! 360-535-5928

FLEET & FAMILY SUPPORT

All classes are FREE and will be held at the Bangor FFSC, Bldg. 2901, unless otherwise noted. For class information and to register, call 1-800-562-3301 or on line at www.navylifepnw.com

6 – Damage Control Relationships: Speak Easy

1-4 pm, Keyport

12 – Anger Management

1-4 pm

13 – FRG: Starting or Recharging Your FRG

10-11:30 am

13 – Damage Control Relationships: Fighting Fair

1-4 pm, Keyport

13 – Warrior's Workshop

2-3 pm, Pre-deployment Jackson Park
1-2 pm, Post Deployment, Bangor
Call the schedulers to register.

14 – Preparing for Deployment

1-3 pm, Jackson Park

15 – Identity Theft

10 am-noon

19 – SAPR (SAVI) Command Liaison Training

8 am-4 pm

20 – Damage Control Relationships: Match Mate - Intimacy 101

1-4 pm, Keyport

20-23 – Ombudsman Basic Training

9 am-3 pm

21 – Smooth Move

9 am-noon

22 – Become an Entrepreneur: Business Structure and Begin Plan

1-4 pm

26 – Stress Management

9 am-noon

27 – Damage Control Relationships: Money Personalities

1-4 pm, Keyport

28 – Celebrating Your Sailor's Return

1-3 pm, Jackson Park

28 – IA Family Event: "New Year - New You"

6:30-8:30 pm, Jackson Park. Child care provided when reserved by January 14

29 – Basic Budgeting

10 am-noon

29 – WA State Employment

12:30-2:30 pm

29 – Become an Entrepreneur: Business Plan

1-4 pm

CHILD & YOUTH

Admiral Boorda Center (ABC): 360-535-5915

Jackson Park (JP) Youth & Teen Center:

360-627-2041

Litehouse School-Age Care (SAC) Center:

360-535-5953

Child & Youth Program Administrator:

360-396-7007

8, 22 – Parent's Night Out with School-Age Care Programs

7-10 pm, Litehouse and JP, \$10 per child (due at time of registration). Call the center for more info and registration deadline.

8, 22 – Teen Late Night

7-10 pm, ABC and JP Teen Centers, \$5 per child (due at time of registration). Call the center for more info and registration deadline.

LIBERTY

@EEZ, NBK Bangor: 360-535-5977

Sinclair's, NBK Bremerton: 360-476-2673

5, 19 – Liberty AMC Movie Nights

Free, 6 pm

13, 27 – Liberty Bowling

Free, 6 pm

25 – Marvel Monday Movie Marathon

Sinclair's

29 – Halo ODST Tourney

6 pm, prizes!

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