

DECEMBER 2019 TRIDENT INN GALLEY NAVAL BASE KITSAP

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
B- Pancakes Bacon D- Shepards Pie Lemon baked cod	L- Lasagna Herbed baked chicken D- Chicken fajitas Hot sub sandwich	L- Chalupa Tamale pie D- Roast beef Gilled ham and cheese	L- Sweet and sour chicken Roasted cod D- Palaver chicken Burgers	L- Eggplant parm Pork tenderloin D- Cajun roast beef Grilled chicken sandwich	L- Blackened chicken Chili mac D- Philly cheesesteak Hawaiian chicken	B- French toast Roast beef hash D- Stuffed carver chicken Baked ziti
8	9	10	11	12	13	14
B- Waffles Biscuits and gravy D- Bombay chicken Chili con carne	L- Lemon baked fish Meatloaf D- Swedish Meatballs Hot sub sandwich	L- Fiesta chicken Beef and bean burritos D- D- Chicken tika masala Grilled cheese	L- Beef and broccoli Sweet and sour chicken D- Palaver chicken Burgers	L- Turkey Divan Chipper fish D- BBQ beef brisket Grilled chicken sandwich	L- Chicken scaloppini Beef brogul D- Philly cheesesteak Santa fe glazed chicken	B- French toast Roast beef Hash D- Teriyaki beef General Tso's chicken
15	16	17	18	19	20	21
B- Waffles Corned beef hash D- Italian beef and rice Savory baked chicken	L- Chuck wagon stew Fried chicken Sausage bar D- Rosemary turkey roast	L- Beef enchiladas Quesadillas Chili dogs D- Spaghetti w/ meat sauce	L- Braised Spareribs Lemon Pepper Catfish D- Manicotti Chicken pot pie	L- Yankee pot roast Chicken alfredo D- Dijon baked pork chops Grilled chicken sandwich	L- Pizza and wings D- Philly Cheese steaks Honey lemon chicken breast	B- French toast Ham steak D- Spaghetti and meatball Chicken Caesar roll ups
22	23	24	25	26	27	28
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29	30	31				
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