Hosted by Fleet & Family Support -New Parent Support Program

## I Cogic

Early Childhood Parenting Made Fun!®

Classes for parents with children ages birth to six years

- Provides strategies to create boundaries, promote positive discipline techniques and practical tools for raising respectful, responsible, happy kids!
- The principles learned carry into the teenage years.

Three consecutive classes:

Wednesdays, Oct. 2, 9 & 16

5:30-7:30 p.m.

NBK-Bangor, FFSC 2901 (Blue), Classrooms 3 & 4

Open to anyone with base access. Limited class size to 20 (or 10 couples). Register by Tuesday, Oct. 1.













