FALL 2022 Edition









2022 CEL Crystal Award Winner!

All 4 of our UH buildings received Outstanding Service Satisfaction Scores in the recent Tenant Satisfaction Survey!

FALL IS HERE AND WINTER IS RIGHT AROUND THE CORNER!

Here's how our Hydronic Heating System works in Bldgs. 2026, 2027 and 2028:

- Water is heated in a boiler and circulated through the building to the tube/fin heating units in each room. Building heating system should maintain your rooms at 68-70°F.
- You can adjust your thermostat as needed. Reminder to not place any furnishings in front of the heater to allow proper circulation.



• Water is heated in a boiler and circulated through the building to the tube/fin heating units in each room. Your rooms should maintain 70-74°F automatically all year round.

IN ORDER FOR OUR HEATING SYSTEM TO WORK EFFECTIVELY DURING WINTER SEASON, WINDOWS MUST BE KEPT CLOSED AT ALL TIMES.

If you notice a draft or cold air coming in around the window, please place a Maintenance Request immediately





Resident of the 2nd Quarter CY22

OSSN Jennifer Flores Carrier Strike Group 11

Be Informed (page 2)

Equal Cleaning For All: Tips For Splitting Chores With Roommates (Source: Apartment Theraphy.com)

1. TRUTHFULLY DEFINE YOUR DEFINITION OF CLEAN

EARLY ON. Do you expect the house to be tidied daily, or is a thorough clean weekly, or even monthly, satisfactory? Setting expectations early on can help reduce conflicts down the road. – UH ROOMS ARE INSPECTED RANDOMLY, ANYTIME OF THE DAY, ANY DAY OF THE WEEK; HENCE, UH ROOMS MUST BE INSPECTION-READY AT ALL TIMES.

2. DETERMINE WHAT THE HOUSEHOLD CHORES ARE

AND AGREE ON A CLEANING SCHEDULE. Ask questions like: What needs to be done daily, weekly, monthly? How will you split the light cleaning (vacuuming, dishes) and the deep cleaning (refrigerator, windows)? Break down what the expectations are in each of the common rooms, and each person is responsible for completing those tasks during their assigned week. Start with chores people don't mind doing, and then split up what's left; if you can't stand the thought of scrubbing the bathroom, but you enjoy doing dishes, you might be able to negotiate a deal. For deep cleaning, it may be more manageable (and fun) when you set aside a day to tackle big jobs together.

3. DETERMINE HOW YOU ARE GOING TO KEEP

EACH OTHER ACCOUNTABLE. Keep a calendar in the kitchen as a visible reminder of whose turn it is to clean. This is also a good way to passively enforce the schedule. For some people a more detailed schedule like this works better.

4. CHECK IN AND DISCUSS PROBLEMS AS THEY

ARISE. Call out problems as you see them, or schedule weekly/monthly meetings so you can talk about what's working and not working before they become a big deal. Have realistic expectations; you might have to take on some of the tasks that you find important, but aren't necessarily important to the rest of the house.

FRIENDLY REMINDERS

• Clean your dryer lint trap after each use and don't forget the wall mounted lint trap must be cleaned on a weekly basis as well. This will help the dryer work effectively and prevent damage to the dryer computer board.

Veteran's

November 11

•Vacuum dust bags and filters must be cleaned regularly for the vacuum to work effectively. UH has a carpet shampooer that may be checked out for stubborn carpet stains.

•Although in-room oven has "self-cleaning" feature, it takes almost 3 hours to complete the self-cleaning cycle. Resident must be in the room until the cycle is complete. Cleaning oven after each use is always a best practice.

•All furniture assigned in the room must remain in the room. Lamps must not be stored in the maintenance closet as it damages the lamp shade.

 $\bullet \textsc{Do}$ not leave trash bags on the floor in the trash chute room. Please use the trash chute.

•Do not throw hard items such as metal in the chute, as it may damage the trash compactor.

•UH has tools for minor repairs and staff are available to show residents how to effectively clean or perform minor repairs during working hours. See us at the front desk.



Assistant Mgrs. 425-304-3117 or 3152

UH LCPO: 425-304-3118 UH LPO: 425-304-3111



Resident Recognition Program Winners Residents of the Month

Residents of the Month		
June	July	August
MMFN A. Jones	DCFN A. Quimby	GSM3 M. Mantell
(USS JOHN PAUL JONES)	(USS MCCAMPBELL)	(USS JOHN PAUL JONES)
DCFN B. Winchester	GMSN C. Sampson	DCFN K. Bingaman
(USS JOHN S. MCCAIN)	(USS CHOSIN)	(USS JOHN S. MCCAIN)
DCFN A. Apprey	FCA3 Z. Johnson	GM3 J. Britt
(USS KIDD)	(USS JOHN S. MCCAIN)	(USS MCCAMPBELL)
SN K. Kerr	CSSN J. Bedford	STG3 K. Giles
(NOSC)	(USS CHOSIN)	(USS MCCAMPBELL)

WATCH NFL GAMES AT TREMORS



UH Staff Entry to SAPR Chalk Art Contest

