



*The Commons
and Jackson Plaza*

HEALTH, FITNESS and RECREATION FAIR

THURSDAY, JUNE 27
11 A.M.-1 P.M. | FREE

- Demonstrations
- Healthy Eating Tips
- Wellness Booths
- Drawings and Giveaways
- Competitions



Connect with Us!



NavylifePNW app
now available for Android™ and iPhone™!



NSE Fitness Department
425-304-3931